

### EISM - Cross Country Records 2019

Eastern Division	U13 Boys	3000m	Phillip O'Brien	Emmaus	10'52"	2007
	U13 Girls	3000m	Chloe Bracher	Donvale	11'41"	2019
	U14 Boys	3000m	Edward Snibson	Emmaus	10'19"	2012
	U14 Girls	3000m	Sanne Bakker	Donvale	11'30"	2019
	U15 Boys	4000m	Jack Pope	Luther	13'05"	2019
	U15 Girls	3000m	Hannah Williams	Donvale	11'38"	2018
	U16 Boys	4000m	Ethan Sinn	Donvale	13'12"	2018
	U16 Girls	3000m	Jackie Wright	Mount Lilydale	11'54"	2009
	Open Boys	4000m	Caleb Sinn	Donvale	13'03"	2018
	Open Girls	3000m	M Niewoudt	Donvale	11'34"	2018
Central/Southern Division	U13 Boys	3000m	Jasper Pickering	Kilvington	10'40"	2013
	U13 Girls	3000m	Sally Fyfield	Huntingtower	12'16"	2005
	U14 Boys	3000m	Kyle Swan	Knox	10'14"	2013
	U14 Girls	3000m	Bridie Delaney	Donvale	11'31"	2013
	U15 Boys	4000m	Ethan Sinn	Donvale	13'34"	2017
	U15 Girls	3000m	Natalie Laurie	Kingswood	12'15"	2006
	U16 Boys	4000m	Liam Wilson-Gardner	Oxley	13'31"	2018
	U16 Girls	3000m	Rebecca Hodgkin	Oxley	11'53"	2013
	Open Boys	4000m	Haimish Lazaro	Donvale	13'11"	2017
	Open Girls	3000m	Becky Hodgkin	Oxley	10'31"	2015